



Speech Exercise

In order to help you learn to speak more clearly with your new Incognito™ Hidden Braces, try reading **The Rainbow Passage** aloud. This passage was developed by speech pathologists and contains many of the sounds and sound combinations found in the English language. Practice **The Rainbow Passage** aloud three times per day until your speech sounds normal.



The Rainbow Passage

When the sunlight strikes raindrops in the air, they act like a prism and form a rainbow. The rainbow is a division of white light into many beautiful colors. These take the shape of a long round arch, with its path high above, and its two ends apparently beyond the horizon. There is, according to legend, a boiling pot of gold at one end. People look, but no one ever finds it. When a man looks for something beyond his reach, his friends say he is looking for the pot of gold at the end of the rainbow.

